

# **Looking At Women Is Not A Sin**

**Proven From The Bible**

**Rich Newman**

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I dedicate this book to Jesus Christ, Who, because He loved us more than He loved Himself, came to earth to set us all free, not to put us into bondage.



# Thanks

I deeply appreciate everyone who helped me with this book. And those who have supported me and encouraged me through the years. Thank you! May God richly bless you all!



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## Preface

MATTHEW 5:28 KJV

28 But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.

- Do you wish this verse was not in the Bible?
- Have you ever felt guilty when you looked at a beautiful woman, because you thought Jesus said you were not supposed to look at women?
  - Do you feel condemned for the feelings you have whenever you see a beautiful woman?
  - Does it seem impossible for you to resist looking at women, no matter how hard you try?
  - Do you feel like a poor excuse for a Christian because of the thoughts and desires you have every time you see a beautiful woman?
  - Have you felt like you could never get victory over lust?
  - Have you been plagued with guilt and shame because you have been unable to overcome your desire to look at women?

- Are you tired of confessing the same old sin to the Lord, knowing you have no power or ability to stop doing it?

If you answered yes to any of these questions, please read this book to find out the truth of what Jesus said, and what Jesus meant. Victory and freedom can be yours!

JOHN 8:32 KJV

32 And ye shall know the truth, and the truth shall make you free.

# Introduction

First, let me introduce myself. I am a Bible-believing, Christian follower of Jesus Christ. I am not a sex pervert. And I am not looking to find some loophole in Scripture so I can spend my days looking at pictures of naked women. My primary focus and motivation in life is to know God and do His will. I accept the teaching of God's Word, the Bible, as the final authority in my life.

Pleasing God is my desire. I don't believe we should live our lives on the outer edge of God's will, trying to get away with as much as we can without receiving His rebuke. Instead, I believe God is good and His way is best for us, so we should desire and endeavor to live in the center of God's will.

I am a lifelong student, always interested in learning. My quest however, is a desire to know truth, not just human tradition.

The ideas in this book were initially quite a shock to me. My church background did not prepare me to readily accept these ideas. In fact they seemed dangerous to me. So I struggled whether to share the teaching in this book, out of concern it might somehow hinder someone in their walk with Christ.

My thinking — like nearly every Christian man today — was colored by church tradition and Bible language that caused me to be on guard against, and highly suspect of anything sexual. Our tradition seems to label everything having to do with sex — even a thought — as sin. The thinking seems to be that sex is somehow dirty — certainly the opposite of godly or holy — although I didn't really understand why. This just seems to be part of our Christian culture in the twenty-first century.

Our world is saturated with sexuality. But most people think Jesus is against sex. Christianity is certainly viewed as a sex-negative religion. But this is not the true message of the Bible. And certainly not the message communicated by our great Creator through the glorious creation we see all around us (Romans 1:20).

So I finally concluded the teaching in this book is needed because there are so many in the Body of Christ who struggle in their relationship with God because they feel condemned over their sexual thoughts and feelings. Because of a misunderstanding of God's requirements, they think they can never measure up to God's standards. So they are crippled in their spiritual growth, feeling they can never have God's approval, creating a huge barrier to the relationship God desires to have with each one of them.

This book is to help men know the truth, so they will no longer be kept from enjoying close fellowship with Jesus Christ — who loves every man more than they can possibly imagine.

Let's get started by looking at Matthew 5:28.

MATTHEW 5:28 KJV

28 But I say unto you, That whosoever looketh

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on a woman to lust after her hath committed adultery with her already in his heart.

When you read Matthew 5:28 in any modern English Bible, it seems as clear as the nose on your face that Jesus taught that just looking at a woman and being attracted to her is a sin.

But Jesus did not say that. Neither did Jesus mean that. And this book will prove it from Scripture, beyond any doubt.

The problem has been not understanding the meaning of the Greek words used to translate the words woman, lust, and adultery in our English Bibles.

The first thing we need to understand is that the word translated “woman” should be translated “wife.” In fact, it is impossible in the context of who Jesus was speaking to, to correctly translate the word as woman, instead of wife. Chapter three will explain this.

To understand why it would be impossible to translate this correctly as woman instead of wife, we must study the subject of adultery as it was understood by the people Jesus was speaking to. This is covered in detail in chapter two.

Today, in our culture, adultery has the meaning of any sexual activity by a married person outside their marriage. But, although this may be a good definition, it is not what the people who heard Jesus speak these words originally would have understood by His use of the word “adultery.”

Jesus was not introducing a new definition of adultery, or changing the Old Testament Law. He was only telling us that the sin actually started at the point when a per-

son made the decision and started planning to commit the act. Motives and intent to do something make you guilty — not just if you commit the act and are caught. In God’s sight you are guilty as soon as you decide to commit the sin.

In this verse we are dealing with one of the foundation blocks of western culture — which was wrongly understood. This misunderstanding is part of the reason why we tend to be embarrassed about sex and to consider it dirty and unspiritual, even though God created us as sexual beings and meant for us to enjoy all that He created.

Certainly, we must keep sexual activity within the proper bounds if we are to enjoy it as God designed and intended. But, doing so does not require us to place restrictions on ourselves that the Bible never places on us.

In this book all references are to males looking at women. But surely it is no different for a woman to look at a man, than for a man to look at a woman. It is not a sin for either men or women.

Although some women may be so insecure that they cannot stand for their man to look at any other woman, God doesn’t have a problem with you looking and enjoying the view. Of course, if your woman is insecure and offended when you look at other women, then you should not do it, because that would not be obeying the command of Christ to love others, and especially to love your wife.

But, nowhere in the Bible does it teach that looking at women is a sin. So, read this book, and study it with your Bible open. Then share it with others, so we can all

begin to enjoy all the beauty that God created, without guilt or shame.

Before you begin reading this book, I suggest you ask the Lord Jesus to open your understanding and show you the truth on this subject.



## Chapter 1

# The Translation Problem

The Bible is the inspired Word of God on which we can base our lives, and our eternal destiny, without fear. I am certain it is true and dependable, just like its Divine Author. It works for me in the practical matters of everyday life. Without any doubt I know that if you will believe the Bible, and act on it, your life will change for the better.

There is a small problem, but it is not insurmountable. All English Bibles are translations, not the original documents, and since all translators are human, sometimes their English translation is not perfect.

So, on some passages, to get the full and clear meaning, we have to dig deeper and study the words in the original languages. Fortunately, there are many English language tools to help us do that without having to be experts on those languages.

For the majority of Bible passages, this is not necessary. But some passages, like Matthew 5:28, require us to really do some very detailed study to find out the true meaning of what Jesus originally said.

MATTHEW 5:28 KJV

28 But I say unto you, That whosoever looketh

on a woman to lust after her hath committed adultery with her already in his heart.

Did Jesus mean what He said?

Yes! But what did He mean?

The problem is that Jesus did not speak in English, so we have the obstacle of going from one language to another, which is further complicated by differences in our cultures and around two thousand years of time.

Originally, the books of the Bible were written in Hebrew or Greek. And words often change meaning over time. For example, just a generation ago, “gay” had a totally different meaning in English than it has today. You can imagine how much word usage could change in a period a hundred times longer.

For us to understand what God is saying to us in the Bible, we must study the words as they were used in the original language and context and find out what their meaning was to the people they were originally spoken to. This is not always an easy task. Sometimes it is almost impossible without divine help.

But Jesus promised the Holy Spirit would guide us into all truth, (John 16:13), so we can approach Bible study in faith as long as we trust in Him to guide us. Understanding the truth of the Bible requires more than Bible college degrees. The help of the Holy Spirit is absolutely necessary.

But you may say, “Isn’t there some Bible translation I can trust? Surely, out of all the English versions, there must be one that got it right.”

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Unfortunately, while there are many fine English Bible translations, none are perfect. Nor is it likely there will ever be one that is perfect, unless Jesus does it Himself after His return to earth.

Translation is not an exact science. There are shades of meaning and subtle differences that are easily missed by someone who is not a native speaker of a language and who lived in that culture and time. Accurate translation, especially of the Bible, where every word is so vital, is exceedingly difficult.

Sometimes a translator is forced to paraphrase the original in order to get the full thought expressed accurately into English. All translators consciously or unconsciously make interpretations in their translations, no matter how hard they may try not to do so. After all, we are all human, and none of us knows everything.

Clarence Jordan in his Introduction to *The Cotton Patch Version of Paul's Epistles*<sup>[3]</sup> provides a thought-provoking example of the difficulty of understanding and translating something from another time and culture.

“For example, someone would be perfectly understood if he wrote to a friend, ‘We had hot dogs and Coke for lunch, fish and hush puppies for supper, and then sat around shooting the bull until midnight.’ But let that letter get lost for about two thousand years, then let some Ph.D. try to translate it into a non-English language of A.D. 3967. If he faithfully translated the words it might run something like this: ‘We had steaming canines (possibly a small variety such as the Chihuahua — Ed.) and processed coal (the coke was probably not

eaten but used to heat the dogs — Ed.) for the noon meal, and fish and mute, immature dogs (no doubt the defective offspring of the hot dog, with which twentieth-century Americans were so preoccupied — Ed.) for the evening meal, followed by passively engaging until midnight in the brutish sport of bull-shooting (the bulls were then processed into a large sausage called bologna, which sounded like “baloney” — Ed.).’ For such scholarship the good doctor may have won world renown as the foremost authority on twentieth-century English — without having the slightest idea what was actually said!”

While all English Bibles are only translations done by fallible men, they are all valuable. Anyone who knows enough about Hebrew or Greek to translate the Scriptures, knows more than I do of those languages. So any intelligent person will realize they can learn something from all of them.

I appreciate every translation we do have, and the efforts of the translators who tried their best to bring us the Word of God in a language we can understand. Thank God for them!

None of this means we cannot trust the Bible. It just means that we sometimes have to put forth some extra effort to study and understand what God’s accurate message to us is.

### **Continue In God’s Word**

Should you let this discourage you from reading and study of the Bible? No! Jesus promised that continuing in His Word would cause us to know the truth which would make us free. But we must continue. It is not

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enough to just read the Bible once and expect to have mastered and understood it completely.

JOHN 8:31-32 KJV

31 Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed;

32 And ye shall know the truth, and the truth shall make you free.

God's Word is alive and pays rich dividends as we study it.

HEBREWS 4:12 NLT

12 For the word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires.

2 TIMOTHY 2:15 KJV

15 Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.

God does desire for us to understand His message, but He has purposely hidden away treasured insights for those who will seek Him and study His Word diligently.

PROVERBS 2:3-5 KJV

3 Yea, if thou criest after knowledge, and liftest up thy voice for understanding;

4 If thou seekest her as silver, and searchest for her as for hid treasures;

5 Then shalt thou understand the fear of the LORD, and find the knowledge of God.

LUKE 24:45 KJV

45 Then opened he their understanding, that they might understand the Scriptures,

So, as you read and study the Bible, always do it prayerfully, asking the Lord to teach you and give you understanding. And remember to be humble, realizing that what you think — or what all Christians have thought for years — may be wrong. As the apostle Paul, who was caught up to Heaven, received direct revelation, and wrote down most of the New Testament, said in 1 Corinthians 13:9 “For we know in part.”

My suggestion is that you use modern translations like devotional commentaries. Read them and let the Lord speak to you through them. But for detailed study in English, I suggest using the King James Version or the New King James Version (and the tools that are available to study the words used in them).

The important thing is not which Bible translation you use for reading, it is whether you act on the Bible truth you know and manifest the love of God to the world.

## Chapter 7

# Conclusion: Looking At Women Is Not A Sin

MATTHEW 5:28 KJV

28 But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.

People who read Matthew 5:28 in any widely-used English translation think Jesus said it was wrong to look at a woman and be sexually attracted to her. Many think Jesus said that looking with lust at a woman is just as bad as committing adultery by having sexual intercourse.

But Jesus did not say that. Neither did Jesus mean that.

The New Testament was originally written in the Greek language, and all English versions are translations from the Greek. Translation is never an exact science, so sometimes the bias of a translator can creep in, and we have to dig deeper and study to get the original meaning.

Our misunderstanding of this verse is due to a difference in our cultures, causing us to have translations

which fail to communicate the same truth to us today, as it did to the original hearers.

We have shown that the word translated as “woman” should be translated as “wife.” This is the only possible meaning the people Jesus was speaking to could have given to the word He used in this verse.

Why?

Because of how the people Jesus was speaking to viewed adultery. From our study of the Old Testament teaching on adultery, we realize it is different from our modern viewpoint.

Today, in our culture, adultery is sexual intercourse by any person outside their marriage. Although this may be a good definition, it is not what the people who heard Jesus speak these words originally would have understood by His use of the word “adultery.”

### **The Bible Meaning Of Adultery**

According to the usage of the word adultery in the Bible, a man, whether married or single, can only commit adultery with another man’s wife. If a married man had a sexual relationship with an unmarried woman, it was not considered adultery.

So the people Jesus spoke to would never think of the possibility of adultery unless a married woman was involved. This is why the Greek word “gyne” in Matthew 5:28 must be translated as wife (instead of woman), as that is the only possible meaning those who heard Jesus could have attached to it.

Once you understand this word must be translated as “wife,” not “woman,” it becomes clear Jesus could not

have meant what the English translations seem to say. For we would not know if a woman is married or not, just by glancing at her. And to commit whatever sin Jesus was talking about, a married wife would have to be involved, not just any woman.

Jesus was not introducing a new definition of adultery. He was just telling us the sin starts at the point when we make the decision and start planning to commit the act. In God's sight you are guilty as soon as you decide to commit the sin. Not just if you commit the act and get caught.

### **“Lust After” Should Be Translated “Covet”**

We have found another key in understanding the word translated as “lust after” in Matthew 5:28.

The Greek word translated as “lust” means a strong desire. It does not have to be sexual in nature. Scripture applies this word to angels, bishops, Jesus, the disciples, the prophets, and righteous men, so it is not necessarily a sin. It just means a strong desire. In fact, as we discovered in our study, lust is not a sin, but only a temptation that can lead us to sin.

In Matthew 5:28 the word translated “lust” is translated as “covet” in the Greek Old Testament which was used in Jesus' day (the Septuagint translation). This word was used in the tenth commandment, in Exodus 20:17.

#### **EXODUS 20:17 KJV**

17 Thou shalt not covet thy neighbour's house,  
thou shalt not covet thy neighbour's wife, nor  
his manservant, nor his maidservant, nor

his ox, nor his ass, nor any thing that is thy neighbour's.

This tenth commandment is not one that humans can judge or enforce. But the Law still says it is wrong. Jesus was not instituting a new commandment about adultery or coveting, but merely stating what the tenth commandment already said, that it is a sin to desire to deprive another man of his property.

Even if you do not break the letter of the other commandments, but you want to do so in your heart, and make the decision to commit the sin, you are guilty. God judges a sinful heart, and hearts that covet what belongs to others, and make the decision to take it from them, are guilty.

So, in Matthew 5:28, Jesus was saying that covetousness, which is the desire to deprive another of his property, is the essence of adultery. Jesus was reaffirming a quite traditional understanding of adultery with those who heard him.

Jesus was not condemning looking at the property of another man with admiration, but He was condemning deciding to take another man's property from him.

(It is not my thinking that a wife should be considered property. But that was the general mindset of the time when the commandment was given, and during Jesus' earthly ministry.)

### **What Is Sin?**

Sin is missing the mark set by God. A sin is a self-ish act that harms someone. Thoughts are not sin. Thoughts are only temptations that try to lead us to sin.

Religious tradition labels many things as sin which the Bible does not. People make up all kinds of rules based on what they think is right. But God is the judge and only God is qualified to tell us what sin is.

It is not a sin to look at women, no matter how long you look, or how much you may enjoy looking, whether they are married or unmarried. But if, while you continue looking at a married woman, you are also planning how to seduce her, clearly you have now made the decision, and all you lack is the opportunity to fulfil the act. So, you are guilty of adultery because you have the intent to commit adultery — you already made the decision to commit adultery in your heart.

From what Jesus said we can understand that when you make the decision to sin, you are guilty of sin at that point, because you have already started on the path of wrong action.

Please keep in mind that hurting someone (such as your wife) by your actions, is wrong. (Based on Jesus' commandment to love others.) We should not use our freedom to "enjoy the view God created" in a way that harms our wife. God never told us it is wrong to look at women, but He did tell us to love our wife.

Since the law of God never told us it was a sin to look at a woman, as long as no one is harmed by it, then it cannot be a sin. It has only been a religious misunderstanding of what Jesus said that caused it to be falsely labeled as a sin, which it is not, according to the correct interpretation of the Bible.



## Even If You Have Sinned, You Can Be Forgiven

In this book we have proven that just looking at women is not a sin.

But if you have crossed the line and committed acts that you know are sins, you have opened the door for big trouble. Sin hurts people. That is why God is against sin, because He loves people.

The good news is, whether you are a Christian believer, or not, you can receive forgiveness for all your sins today.

If you have sinned as a Christian, the Bible is clear on what you should do, and what the Lord will do.

1 JOHN 1:9 NLT

9 But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.

God has already provided for forgiveness of all sins — for all people — through the sacrifice of Jesus. We do not have to convince God to forgive us. It was His idea. All we have to do is agree with God that we did sin, and receive His forgiveness. God has already declared

that forgiveness is ours, we just have to come to Him by faith, trusting His Word, and receive it.

The Bible places no limits, or restrictions, on how often we can be forgiven. In fact, Jesus indicated we should forgive others in an unlimited manner, so we know God would not do any less than He asks of us.

MATTHEW 18:21-22 NLT

21 Then Peter came to him and asked, “Lord, how often should I forgive someone who sins against me? Seven times?”

22 “No, not seven times,” Jesus replied, “but seventy times seven!”

All human beings have sinned. We have all fallen short and need a Savior. It is only by God’s grace and His forgiveness that anyone can be right with God.

ROMANS 6:23 NLT

23 For the wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord.

We can be glad because Jesus Christ came to save sinners, and He paid the price for the forgiveness of all sins by shedding His blood. No matter how badly you have sinned, you can receive forgiveness today. In fact, God has already forgiven you. He is just waiting on you to come to Him and receive that forgiveness, so you can be in right standing with Him as a free gift. This is Good News because sin produces death and we all need a Savior.

ROMANS 5:17 NLT

17 For the sin of this one man, Adam, caused death to rule over many. But even greater

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is God's wonderful grace and his gift of righteousness, for all who receive it will live in triumph over sin and death through this one man, Jesus Christ.

Jesus paid the price in full for your complete forgiveness and cleansing from all sin — no matter what you have done. You can be done with it and put it in the past today. Not only can you be forgiven of all your sins, but God will work in you to change you and enable you to overcome those sins that have trapped you in the past. With God's help you can overcome! You can be free from the power of sin to control you!

ROMANS 3:19-28 NLT

19 Obviously, the law applies to those to whom it was given, for its purpose is to keep people from having excuses, and to show that the entire world is guilty before God.

20 For no one can ever be made right with God by doing what the law commands. The law simply shows us how sinful we are.

21 But now God has shown us a way to be made right with him without keeping the requirements of the law, as was promised in the writings of Moses and the prophets long ago.

22 We are made right with God by placing our faith in Jesus Christ. And this is true for everyone who believes, no matter who we are.

23 For everyone has sinned; we all fall short of God's glorious standard.

24 Yet God, with undeserved kindness, declares that we are righteous. He did this through Christ Jesus when he freed us from the penalty for our sins.

25 For God presented Jesus as the sacrifice for

sin. People are made right with God when they believe that Jesus sacrificed his life, shedding his blood. This sacrifice shows that God was being fair when he held back and did not punish those who sinned in times past, 26 for he was looking ahead and including them in what he would do in this present time. God did this to demonstrate his righteousness, for he himself is fair and just, and he declares sinners to be right in his sight when they believe in Jesus.

27 Can we boast, then, that we have done anything to be accepted by God? No, because our acquittal is not based on obeying the law. It is based on faith.

28 So we are made right with God through faith and not by obeying the law.

#### ROMANS 5:6-11 NLT

6 When we were utterly helpless, Christ came at just the right time and died for us sinners.

7 Now, most people would not be willing to die for an upright person, though someone might perhaps be willing to die for a person who is especially good.

8 But God showed his great love for us by sending Christ to die for us while we were still sinners.

9 And since we have been made right in God's sight by the blood of Christ, he will certainly save us from God's condemnation.

10 For since our friendship with God was restored by the death of his Son while we were still his enemies, we will certainly be saved through the life of his Son.

11 So now we can rejoice in our wonderful new relationship with God because our Lord Jesus Christ has made us friends of God.

ROMANS 10:9-10 NLT

9 If you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

10 For it is by believing in your heart that you are made right with God, and it is by confessing with your mouth that you are saved.

JOHN 1:12 NLT

12 But to all who believed him and accepted him, he gave the right to become children of God.

Jesus is the friend of sinners, and He will receive anyone who comes to Him. You don't have to be perfect for Jesus to receive you. You just have to receive Him. Then He will save you and make you a child of God.

As Romans 10:9-10 reveals, speaking words, declaring that you put your trust in Jesus Christ and receive Him as Lord, is how you receive Jesus. In that sense, it is similar to getting married: you say "I do" and you make it publicly known.

If you have made this decision, please let us know through the web site: [www.LookingAtWomenIsNotASin.com](http://www.LookingAtWomenIsNotASin.com)



## Why I Am Selling This Book

Why am I selling this book, instead of just making it all available free on the Internet?

One reason: I believe the Lord Jesus led me to do it this way. I think the reasons He did all add up to more people reading it and being set free by its message, and as a result of that, more people having love and respect for Jesus Christ.

I share these reasons so you can better understand the issues.

### **So More People Will Read It**

A book can be read anywhere, anytime. It can be read on a lunch break, on a vacation, or while traveling. A book can be read where there are no computers.

Many people in the world do not have Internet access yet. And not everyone who can access the Internet likes to read long articles or books on a computer. Many people prefer to read printed material they can hold in their hands.

So the way to insure the widest possible distribution is publishing a book — and putting the basic information on the Internet also. This is what we have done.

Books have their own separate ways of being promoted and distributed, such as book lists, book reviews, and libraries, that web articles lack.

Information is easier to share with others if it is in printed form. A web address is easy to share by email, but if you have to print off all the pages, it can be easier, and even cheaper, to buy a book — which is much nicer to have than a stapled bunch of papers printed from a web site.

Also, people can easily misplace, neglect, or forget a recommended web site, but a book sitting on their table will not be forgotten. Even if it gets covered up, it eventually will be seen again and thus remembered.

### **So People Will Value It**

People have more respect for information written in a book than they do for an article on the Internet or even in a magazine. Books carry more weight in the minds of people.

A fact of human nature is that most people do not value what does not cost anything. They think, and rightly so most of the time, that if something is free it must not have much value. So offering something free can be a way to guarantee people will not value your information, and thus ignore it.

However, in this day we cannot ignore such a phenomenal method of spreading information as the Internet. So, the web site<sup>1</sup> is available so people can hear the basic arguments contained in the book, and easily share these ideas, so others can learn of the book.

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1 [www.LookingAtWomenIsNotASin.com](http://www.LookingAtWomenIsNotASin.com)

The main information in this book is given freely on the web without cost. Only those who wish to study the subject in more detail, or wish to have the information in book form will need to purchase the book. Anyone can learn the main points contained in the book without cost at the web site.

Book purchasers do receive additional valuable information, which will save them study time, because the additional chapters give more detail, making it easier to understand and believe the teaching of the book. Purchasers of the book also support the spread of these truths.

### **So It Can Be A Reference For The Future**

A book can be kept, studied, read, and referred to repeatedly. You, or someone you know, will need to read this book again, sometime. This is probably the best argument for why you should buy this book.

The information in this book is something you need to have readily available for future reference. Not just so you can read it again, but as a resource to back up statements you will want to make to others based on these truths. Most people don't have perfect memories, especially after being exposed to material only once. A printed book, readily at hand, is a way to insure this vital information does not get away from you.

A book is much easier to keep and locate than any alternative. So a book makes the best format for owning and keeping information you will want, or need, to refer to again in the future.

### **Not Just To Make Money**

There are costs involved with publishing a book, so they have to be covered somehow, and the obvious way is to have the readers pay for the book they receive.

It also takes money to live on while you study and do research on new books that need to be written to help people. And it even costs money to provide a “free” web site. That money has to come from somewhere.

I am not selling this book with the motive to make money, although I do not believe making money is wrong. I am doing it to help people know the truth, so they can be freed from bondage, and so they will love Jesus instead of turning away from Him because of believing a lie.

It would be wrong for me to publish a book based just on the idea of making money, without regard for whether the book might harm people. If I did that, I would be letting money be my god, determining what I should do. I certainly do not want that.

My objective is simply to see this information spread as far and as quickly as possible. The fact that we will profit is just an added blessing, one which we thank God for, and which will allow us to continue to make God’s message available to people as widely and freely as possible.

### **I Pray It Is Not A Stumbling-Block**

For a long while before deciding to publish this book, I struggled with the question of whether this information might have the potential to be a stumbling-block to some people, instead of a blessing. After much prayer I have peace and assurance that making this informa-

tion as widely known as possible is the right thing to do, and what will be pleasing to my wonderful Lord, Jesus Christ.

I refuse to fear that this book will give people a license to sin. If we preach grace, some people may misunderstand and abuse it. But that does not mean we should quit preaching the truth of the Bible about God's grace.

Whatever God put in the Bible is what God desires people to clearly understand. Correcting a misunderstanding, so people can see the truth of what Jesus really said and meant, cannot be wrong.

### **For God's Benefit**

A great number of Christian men are sinning against God by their rebellion. They believe it is wrong to look at women, yet they still do it. It is not a sin to look at women, but because these men believe it is a sin, they are in rebellion against what they think is God's will, when they look at women. So for them, looking at women is a sin, because they are rebelling against what they think is God's will — even though they are wrong.

#### **ROMANS 14:23 NLT**

23 But if you have doubts about whether or not you should eat something, you are sinning if you go ahead and do it. For you are not following your convictions. If you do anything you believe is not right, you are sinning.

God made women so attractive to men that it is almost impossible for men not to look at women. So most Christian men are looking. They try not to look, but usually find it an impossible struggle. This book is an effort to inform Christian men of the truth — that look-

ing at women is not a sin — so they will not be separated from fellowship with the Lord by unnecessary rebellion against God.

By telling men the truth in this book, it will stop this kind of sin. Sin separates man from God, which is not God's desire. Jesus gave His life to pay for all sin, so God would no longer have to be separated from mankind whom He loves.

For this reason this book is also for God's benefit.

So I place these truths in your hands, hoping you will also desire to share them with others, so they can know the truth and be set free. I pray the will of the Lord Jesus Christ be done.

## Afterword

Dear Reader,

If you were blessed by this book, please make a list now of at least three men you know that you should share this book with.

Sons, brothers, fathers, friends, ministers — they all need to know the liberating truths in this book.

You can tell them about the web site,<sup>1</sup> where they can read the Introduction and Conclusion and order the book themselves. Or, send them a gift copy of this book.

Because of ignorance, millions of men are needlessly suffering condemnation and lack of fellowship with God because they feel they can never be good enough to please God. They believe they are spiritual failures, because they struggle with sexual thoughts and desires. They have been told their sex drive is evil and God frowns on them because of it.

So the devil has been able to get them to despair of ever being a “good Christian” and have God’s blessing in their life. In this way the devil has robbed their faith.

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1 [www.LookingAtWomenIsNotASin.com](http://www.LookingAtWomenIsNotASin.com)

Many have even turned their back on God, thinking they would never be able to overcome having sexual temptations they were told were sins.

The sad truth is, it has all been a lie based on misunderstanding Scripture.

These men should be set free to enjoy the blessing of knowing Jesus Christ in truth, without the false guilt and shame that has hindered their spiritual lives.

Jesus loves these men and gave His life so they could be free and enjoy right standing with God because of faith in Him.

Not only have these men been robbed, but the church has been robbed of their strength. Most importantly, God has been robbed of many spiritual warriors through the devil's lie, which has been accepted because of a misunderstanding of Scripture.

Please share this message with those men you care about.

Thank you!

May God bless you!

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## Ordering Information

This book may be purchased through [Amazon.com](https://www.amazon.com). Additional information on ordering may be available at our web site:

[www.LookingAtWomenIsNotASin.com](http://www.LookingAtWomenIsNotASin.com)

If you were helped or enlightened by reading this book, please consider leaving your comments at [Amazon.com](https://www.amazon.com) so others will be encouraged to read it.

